Throughout the pandemic, you made sure that patients have always had access to the compassionate, affordable care they deserve. **Thank you.**



gratitude report

Dear Bridgercare family,

In reflecting on this past year, I wanted to send a special note of appreciation to you. **As we move forward in this unprecedented time, we know it is because of the support of this remarkable community that our little clinic has stayed strong.**

The pandemic has turned our lives upside down in so many ways - but birth control, STI testing, pelvic pain treatment, and so many of the services Bridgercare provides are *essential*. **These visits can't just be put on pause.** Together, we've made sure that patients can trust us to be here with them when so much is unknown.

The challenges of Covid-19 are coupled with ongoing and harmful attacks against reproductive healthcare. But because of you, everyone in south central Montana has access to compassionate, comprehensive care. **And with you on our team, they always will.**

As we look forward into the uncertainty of the coming months, I am filled with gratitude and feel the support of our community every day, as do all of our staff. We are in awe of your compassion towards your neighbors, dedication to patient-guided care, and commitment to accessibility for all. Thank you!

Your fan, Dr. Melissa Casper, Medical Director



2020 by the numbers

Thanks to you, patients received...

\$310,073

Of medical services at no cost

60%

Of visits with a discount on the sliding fee scale

539

IUD & Nexplanon inserts (99%+ effective birth control)

1,080

Free pregnancy tests

8,201 6,985 Total clinic visits Female visits 19% Of visits were teens

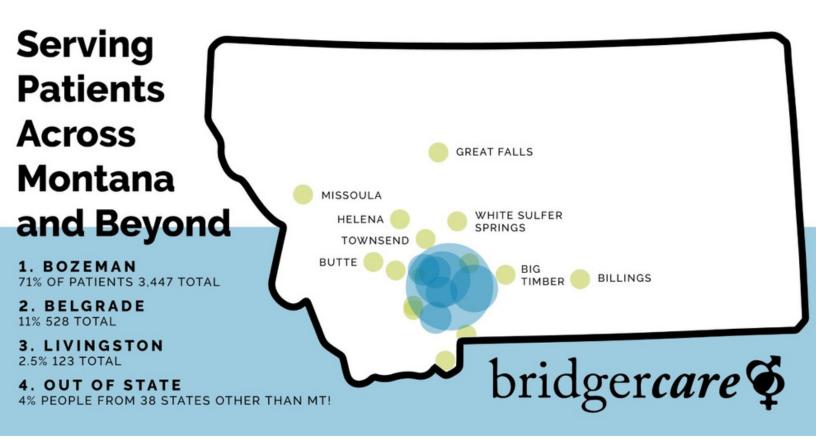
1,210 Male visits 131 Trans visits The Stay-At-Home order due to Covid-19 caused so many challenges for members of our community. But with your support, patients never lost access to care.



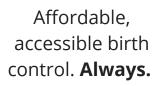
Bridgercare has provided over 900 visits via telehealth!



Thank you for being a champion for these essential services during this difficult time.



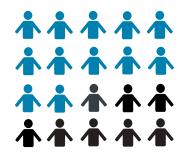
Our Sliding Fee Scale





Thanks to you,

60% of patients received a discount on the sliding fee scale.



Taxpayers **save \$7** for every **\$1 invested in contraception.**



BIRTH CONTROL EMERGENCY CONTRAC ONDOMS PREGNANCY TESTS PREGNANC S COUNSELING **TEEN CLINIC** HI

1,543

teen visits

Thank you for ensuring that Teen Clinic is here to provide free, confidential services for local teens every Monday from 3 - 5 PM.

The goal of Teen Clinic is to provide respectful, nonjudgmental care, and to empower teens to take control of their own sexual health.



In partnership with Haven, Bridgercare provides free services to survivors of domestic violence.

Just like Bridgercare, Haven has been intensely impacted by the rippling effects of the pandemic.

Since the arrival of Covid-19 in our community, HAVEN has seen a 300% increase in the activity on their online chat support. **Never has our community's dedication to supporting survivors been more necessary.** Thank you for making sure that survivors always have compassionate care here for them. We are honored to be a trusted resource for patients when they need us most.

MIKAELA'S STORY



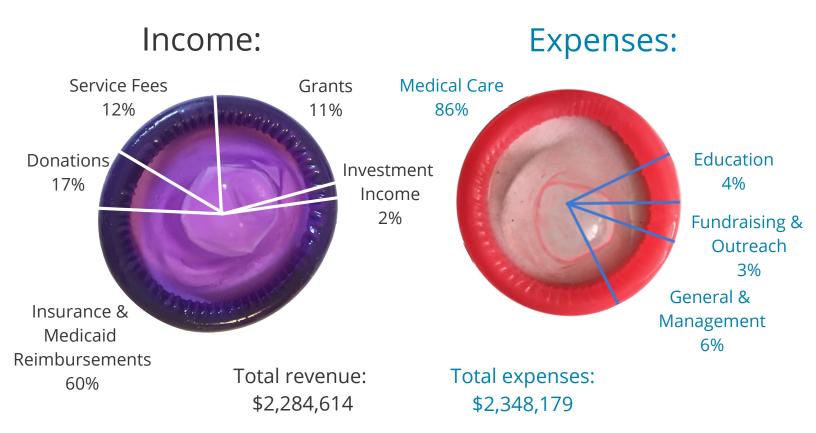
2020 has been one curve ball after another – for our whole world but also for me personally. As a new graduate from MSU, many aspects of my life have been in a state of flux due the pandemic. My job fell through, my move to a new town had to be put on hold, and so much of what I had been working towards basically just evaporated overnight. **But Bridgercare has been a constant source of stability for me throughout this unsettling period.**

During the shelter-in-place order, I needed to see a doctor and scheduled an appointment at Bridgercare. My virtual visit ended up being exactly what I needed to maintain my physical and mental health during that especially stressful time. **Despite all the uncertainties, I knew that I would still have high quality, compassionate reproductive healthcare when I needed it, even if I didn't have a steady income**. And just a few months later, I started volunteering at Bridgercare and am now an official Brand Ambassador who can champion this essential care in our community! Volunteering with Bridgercare has motivated me to be an advocate for reproductive health in my professional and personal lives, no matter which communities I may live in after Bozeman. As an educator and social science researcher, what I learned through the Brand Ambassador program has changed the questions I ask and the way I study society.

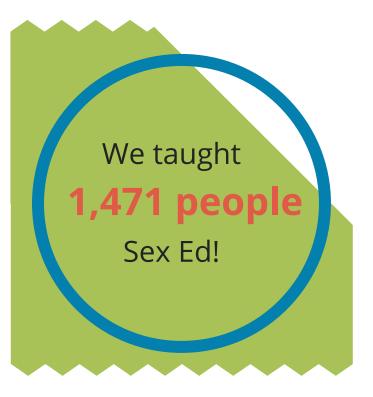
Being a patient and advocate for the clinic has been my gateway into gaining more agency over my body and reproductive health. I feel empowered by the compassionate and informative care that I have received, and this Bozeman organization has changed my life in so many ways. **Thank you for making sure that Bridgercare can provide the tools that folks need to thrive, no matter the pandemic or anything else that gets thrown their way!**



Financial Report



Health Education in 2020





Everyone has a right to comprehensive sexual health education. Bridgercare's education is developmentally appropriate, medically accurate, science based, culturally competent, nonjudgmental and inclusive of all sexual identities, orientations and gender expressions. **That doesn't change because of the pandemic.**

68

Hours of education provided by Peer Educators!

49

kids & their grown-ups went through a Puberty Workshop

34,000

free condoms were people were reached distributed across south through tabling events central Montana!

4,178





A special thank you to our Peer Educators for their enthusiasm and hard work! Their creativity and innovation making sure that sex ed remains accessible throughout this unprecedented school year. "Selfishly, I've loved my time as a Peer Educator because it's allowed me to be more myself.
Above all else, my primary takeaway from Peer
Ed was simply that it's okay to unapologetically you. Each and every one of us are just fine the way we are.

Unselfishly, however, being more myself has allowed my peers to see me as a more relatable source of information and trustworthy person to confide in. The benefits of Peer Ed go both ways. **To the people we teach, we become great active listeners and offer further resources when we can. To ourselves, we become our**

own best advocate.

This is all the more important as we navigate life during a pandemic. Thank you for supporting Peer Ed when it's needed more than ever!"



~ Lucy, 2017 - 2020 Peer Educator

LGBTQ+ Healthcare Ally Training

What is the Healthcare Allies Training?

- Designed for medical providers and their support staff
- Clarifies relevant LGBTQ+ vocabulary
- Facilitates activities around privilege, bias and identity
- Creates a safe environment to empower personal investment in LGBTQ+ issues
- Provides resources for Best Practices in LGTBQ+ affirming medical care
- Trains on how to conduct an LGBTQ+ inclusive medical visit

Last year, you helped make sure that **108 medical staff** could receive this training and **11 community members** become facilitators!

Looking to the future...

We're adding in-clinic mental health services!

We believe it is critical to make whole-person healthcare affordable and accessible to all patients.

The office construction is complete, the phone line is hooked up, and everything is ready to go to add this important care...

NOW HIRING! LCSW/LCPC

Are you a LCSW/LCPC looking for a position where you can make a difference? Join our team!

More info here: bridgercare.org/apply

or drop off a resume & cover letter at: 1288 N 14th Ave, Ste 201, Bozeman, MT 59715

We just need the right person!

This position pays between \$26-34 per hour with benefits. Find more info at *bridgercare.org/apply* :)



Bridgercare believes in this incontestable truth: Black Lives Matter. We stand in solidarity with those who are challenging systemic racism that takes and threatens Black and Brown lives. We unequivocally support Black Bozeman. We are angry and heartbroken over the missing and murdered Indigenous Women and Relatives across Montana.

In October, our staff will be receiving a training from Sister Song. Sister Song is the leading organization for reproductive justice in the United States. Reproductive justice means advancing the the human rights of all through the core beliefs of bodily autonomy, the choice to have children, not have children, and parent the children we have in a safe and healthy environment!

As we continue on the lifelong journey of anti-racism, we need to hear from you! We are so grateful to everyone in our community holding us accountable and making sure that patients receive the care and respect they deserve.

Brand Ambassadors!



This year, we developed the Brand Ambassador program! This "volunteer to learn" opportunity asks you to come learn all about Bridgercare, our services, family planning clinics across the state and country, what's going on politically, types of birth control, and so much more!

You then go out into the community armed with information to help both friends and strangers alike in an informal, peer-to-peer fashion.

As an official Bridgercare Brand Ambassador in our community, you will be better able to answer questions people have and refer them to Bridgercare and our community partners. **We'd love for you to join us for an upcoming session!** (Picture pre-COVID; email Emily at eallison@bridgercare.org to sign up!)

Thank you to our Board of Directors for their hard work & dedication!



Justin Short President



Lisa Davis Vice President



Josh Meyer Secretary



Sarah Day Treasurer



Emma Stein







Sawyer Evans



Mason Griffin



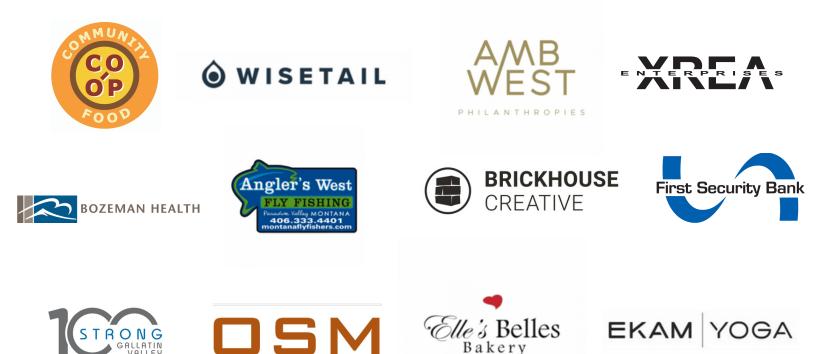
Angie Kujala

From Zoom to you... thank you from all of us here at Bridgercare!

Zoom Meeting

0 🥏 III Viev Stephanie McDowell emily.allison13 Melissa Casper 🔏 bella garliepp 🖇 Jen Bennet Catherine 🗶 Cami Armijo-Grover mcool Lauren moilstrar Johnson 3 Stop Video Participants Chat Share Screen Record Reaction

n \times And a huge thank you to our Annual Supporters! We are so grateful for your ongoing support.



cookies · cakes · desserts