

You make sure that everyone has compassionate, affordable care here for them - whenever they need it. **Thank you.**

bridgercare

2021

gratitude*report*

Dear Bridgercare family,

Through another year of challenges and uncertainty, you have shown up as a remarkable advocate for Bridgercare and the people we serve. **The passion, resilience and care of this community has kept our clinic strong. Thank you.** Together, you and our Bridgercare staff...

...provided more services than ever before on the sliding fee scale.

*...brought on a social worker to ensure everyone who walks through our doors receives compassionate care that addresses their physical **and** mental health.*

...increased access to the Covid-19 vaccine by offering it at Bridgercare and are supporting patients in taking this life-saving step.

...hired a second educator to ensure that local young people have the knowledge they need to plan for their futures and families.

...are working to overcome the fallout from this past legislative session, where these critical public health services are being used as political pawns.

Without you, none of this would be possible. **I am continuously struck by the unique and powerful ways our community shows up to support one another, and am grateful to each of you for that gift.**

With gratitude,
Dr. Melissa Casper, Medical Director



Numbers are
by Fiscal Year!
(7/1/2020 - 6/30/2021)

2021 by the numbers

Thanks to you, patients received...

\$325,986

Of medical services
at no cost

55%

Of visits with a discount
on the sliding fee scale

586

IUD & Nexplanon
inserts
(99%+ effective
birth control)

1,209

Free pregnancy
tests

9,432

Total clinic visits

7,691

Female visits

17%

Of visits
were teens

1,426

Male visits

315

Gender
affirming
care visits

What do you make possible at Bridgercare?



Same-day & next-day appointments so patients don't delay getting the care they need.

Affirming care for patients of all genders and sexual orientations!



Affordable, accessible birth control. **Always.**



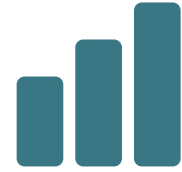
Stepping into Bridgercare I always feel welcome. Their providers give a safe space to learn and explore, doing a great job of answering any questions in a caring and judgment-free manner. Their presence in our community and the education they freely provide around family planning and safe sex is invaluable! - Jonathan

haven care

Providing services
entirely free of charge
to survivors of
domestic violence.



Quick, confidential testing
and treatment for STIs for
people of all ages.



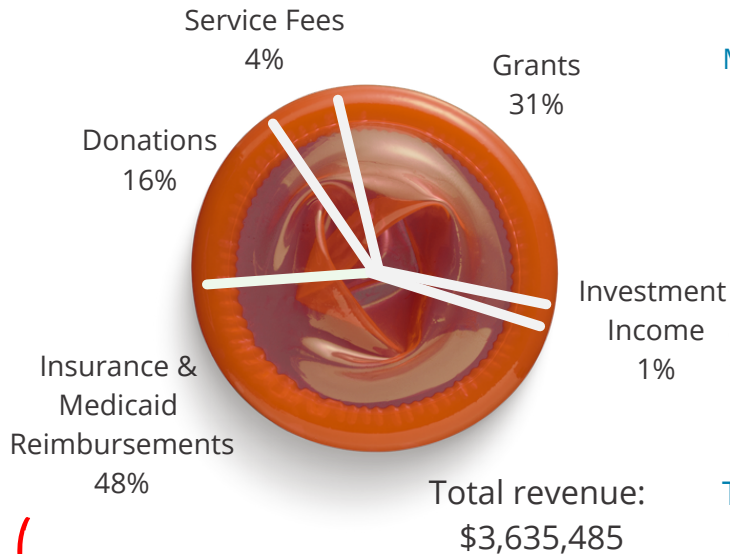
A sliding fee scale &
flexible payment plans to
ensure cost doesn't get in
the way of care!



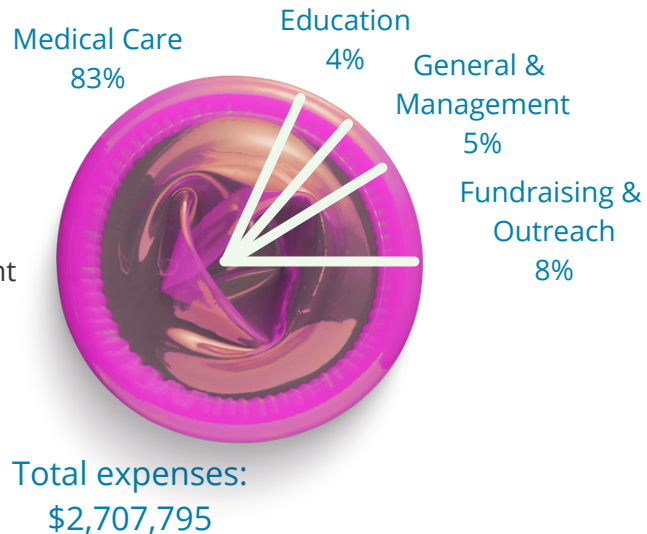
I came into Bridgercare for an IUD. I was dreading the experience beforehand. (My sexual health is not something I am always comfortable discussing!). But the staff at Bridgercare immediately put my worries at ease. I felt very safe asking questions and the entire process was smooth and stress free. The staff gave me excellent recommendations on which birth control is right for me, and to this day I am very happy with my decision both to get an IUD and to go through Bridgercare. It was so wonderful to receive reproductive health care through a company that truly has my best interests at heart. - Jenn

Financial Report

Income:



Expenses:



Did you know that when you use your insurance for a visit at Bridgercare, you help pay for someone who otherwise may not be able to afford care?

With your support, we are able to provide free Covid-19 vaccines to everyone in the community!



Over 160 people have received their Covid-19 vaccine here at Bridgercare!

There are many reasons why someone may not have gotten their vaccine yet, but having a space where someone can ask questions with a provider they trust can make a big difference. It's easy, quick, confidential, and entirely free of charge.



Haven't gotten your vaccine yet? Give us a call at 406-587-0681 to make an appointment!

BIRTH CONTROL EMERGENCY CONTRACEPTION
CONDOMS PREGNANCY TESTS PREGNANCY
COUNSELING **TEEN CLINIC** HI

1,523
teen visits

*"My experience with
Teen Clinic was overwhelmingly
positive. Accessing reproductive
healthcare as a queer teen can feel
really intimidating, but the staff
was incredibly accepting
and welcoming."*

- Tess



**You help make sure that Teen Clinic is here to provide free,
confidential services for local teens every Monday from 3 - 5 PM.**

You've ensured that patients can take charge of their mental health at Bridgercare, at no cost. **Thank you.**

Long before the pandemic, it was clear that we needed to be a part of the solution to the mental health crisis facing Montanans. Bridgercare is the only place many patients access healthcare, making it crucial to address both physical *and* mental health at their visit. Addressing mental health issues early on, before they worsen, can make all the difference!

When a patient discloses that they're struggling with their mental health, like stress or suicidal thoughts, they can now work directly with our Care Management Team to care for their mental wellbeing - whether that's therapy, medication, or accessing resources they need like childcare or housing.



Our providers screen all adult patients for anxiety and depression, helping normalize mental health as a crucial part of wellness.

Meet Alanna Sherstad, our Care Manager!

"We believe that mental health should be considered a vital sign.

Our patients are nurses who have been at the frontlines of the pandemic, service workers enduring constant confrontation, young parents struggling to keep up with increasing rent prices... all while facing a severe lack of mental health professionals in the region. But when patients come to Bridgercare, they have providers who care for their whole-person health.

With the support of this community, we're breaking down barriers by offering these services at no charge, right here in the clinic.

There's no one-size-fits-all when it comes to mental health, and we're able to work with each individual to create a plan that supports them in taking charge of their wellbeing.

Your generosity has ensured that patients don't have to make sacrifices to take care of their mental health. Thank you for making this dream a reality!"



Health Education in 2020

We taught
1,471 people
Sex Ed!



2021-2022 Peer Education Team!

Bridgercare's education is developmentally appropriate, medically accurate, science based, culturally competent, non-judgmental and inclusive of all sexual identities, orientations and gender expressions. **This year, you helped us double our capacity by bringing on an Education Specialist!**

145

Hours of education
provided by Peer
Educators!



26,630

free condoms were
distributed across south
central Montana



68

kids & their grown-ups
went through a
puberty workshop!



I have loved being a Peer Educator because of the community and knowledge it has given me. Peer Ed is a space where a person can teach, learn, create, and better their community while obtaining skills that transcend the classroom.

Thanks to Peer Ed, I have become more inclusive, compassionate, and informed. I believe that Peer Ed shares these skills and values with every student and person we interact with. It's is such a valuable and unique program because it allows students to take charge of their own comprehensive education, and the content we teach is always evolving.

The benefits of Peer Ed come full circle and truly make it one of the most effective and valuable programs in our community. Thank you for supporting Peer Ed!

-Remy, current Peer Educator

Are you looking for a place to channel your fierce passion for all things reproductive healthcare and sex ed?!

BECOME A BRIDGERCARE BRAND AMBASSADOR!

This "volunteer to learn" opportunity asks you to come learn all about Bridgercare, our services, family planning clinics across the state and country, what's going on politically, types of birth control, and so much more!

As an official Brand Ambassador in our community, you will be better able to answer questions people have, refer them to community resources, and volunteer with Bridgercare. **We'd love for you to join us for an upcoming session!**

Get on the email notification list here: <https://bridgercare.org/brand-ambassador/>



Thank you to our Board of Directors for their hard work & dedication!



Lisa Davis
President



Mason Griffin
Vice President



Josh Meyer
Secretary



Sarah Day
Treasurer



Owen Burroughs
Boardroom Bobcat



Mikayla Pitts



Micah Coburn



Sawyer Evans



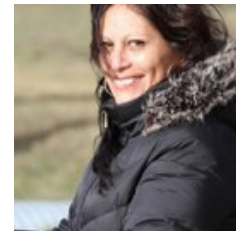
Bill Rea



Christiane Parrish



Emma Stein



Alicia Paz-Solis

Thank you from all of us here at Bridgercare!





A huge thank you to our Annual Supporters! We are so grateful for all you do to lift up our community.