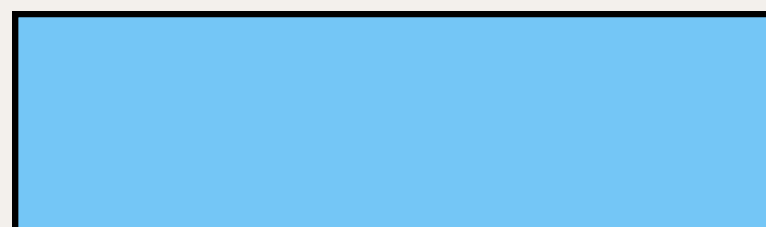


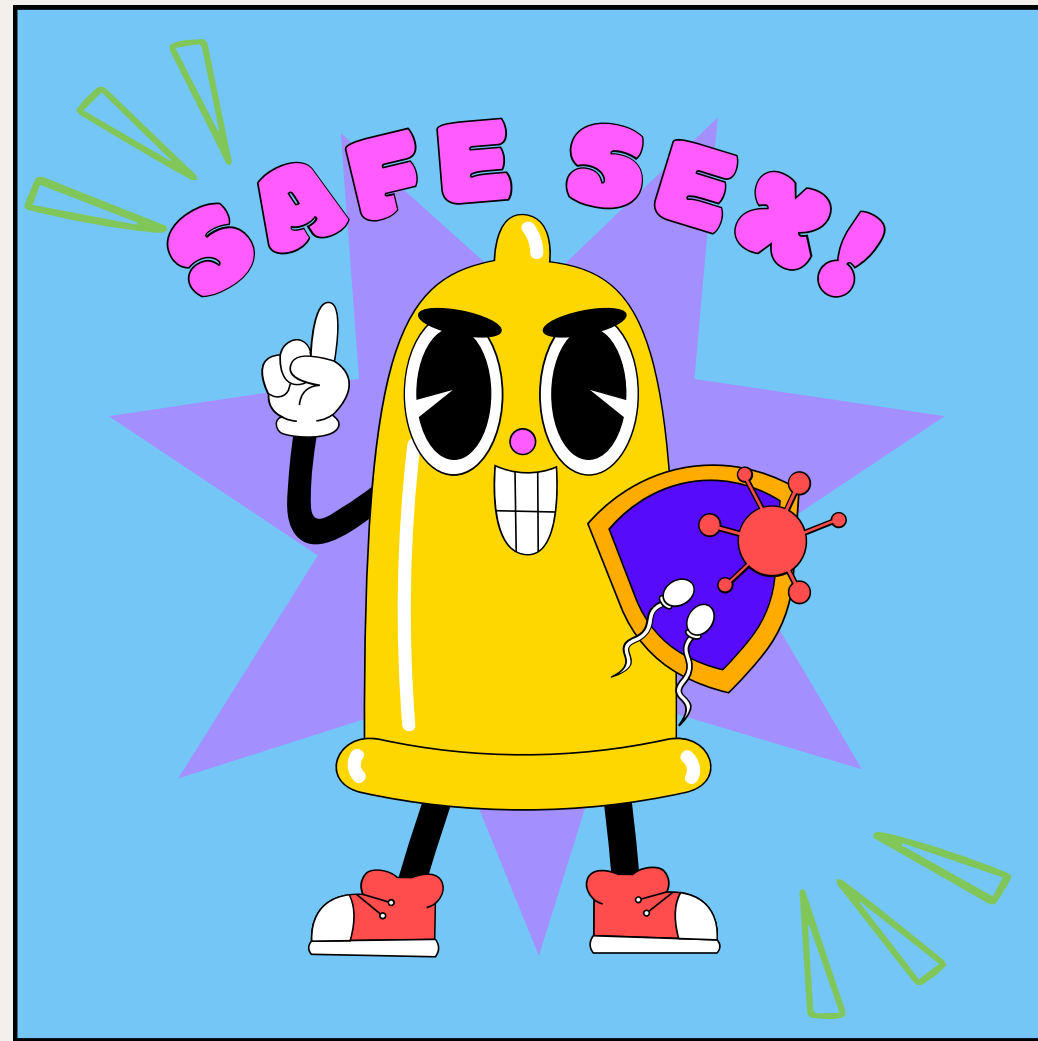
# INTERESTED IN PEER ED?

*haven*

*bridgercare*



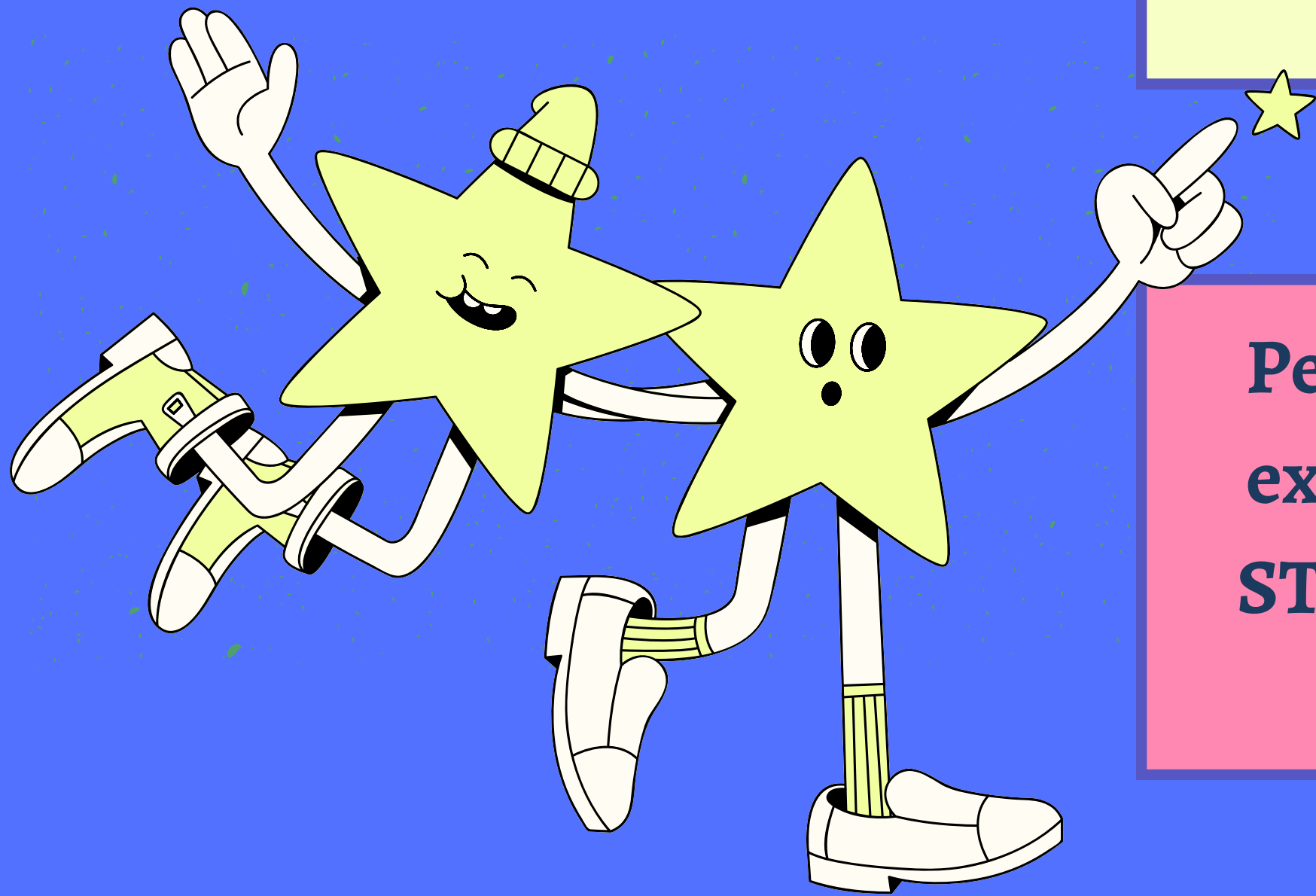
**Learn more here!**



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# EVERYTHING TO KNOW ABOUT PEER ED

Our high school Peer Educators are a vital part of Bridgercare and Haven. They present in classrooms and local community groups and act as advocates for their peers.



Peer Ed includes weekly meetings to explore topics that relate to puberty, STIs, consent, healthy and unhealthy relationships, and much more!

## WHY PEER ED?

Studies show that teens are more likely to share information about topics such as sex and abuse with friends and peers rather than trusted adults. If in an abusive relationship, 73% of teens said they would talk through the problem with friends. Peer Educators are trained and supported to act as advocates with their peers. For example, when someone has a pregnancy scare, is sexually assaulted, doesn't know how to use a condom, has questions regarding healthy relationships, and so on.

Public schools in Montana must provide sex education; however, sex ed in Montana is not mandated to be medically accurate, age appropriate or culturally sensitive. The Bridgercare/Haven Peer Education Team offers medically accurate, developmentally appropriate, evidence based, culturally-sensitive sexual health and relationship education.

# Peer Ed Culture

It is very important that Peer Ed is a place that everyone can learn and be their authentic selves. To help guide us in our time together, we have the following values and group norms. These values and group norms may also change and evolve with the feedback from the cohort.



**Empowerment:** We advocate for personal autonomy, self-advocacy and informed decision making. We believe that every person is the expert on their body and choices.

**Inclusion:** We work to intentionally create a space that is welcome to all, and proactively seek to diversify the group

**Growth:** We acknowledge the limits of our own experience and expertise and humbly seek to learn and grow from those who are different than us

**Equity:** We provide comprehensive education that is medically accurate, developmentally appropriate, trauma-informed and culturally appropriate. We provide education that is also tailored to the needs of the group that we are teaching

# *What do you learn?*

*You learn the basics so you can teach them to your peers:*

**1**

Reproductive  
Health & Anatomy

**4**

Body Image

**2**

Relationships

**5**

Consent and  
Boundaries

**3**

Gender

**6**

Sexual  
Orientation

# *What to expect in Peer Ed?*

*You will have the opportunity to...*

**1**

Attend a Summer  
Retreat

**4**

Volunteer with  
both Haven and  
Bridgercare

**2**

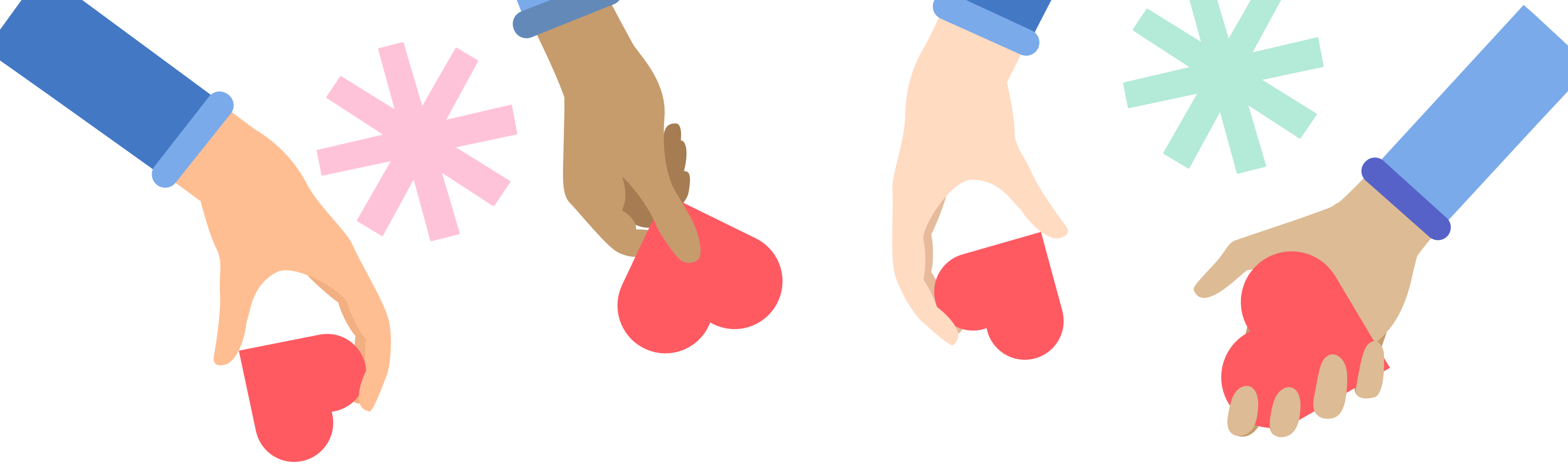
Join weekly Peer Ed  
meetings during the  
school year

**5**

Help fundraise for  
both Haven and  
Bridgercare

**3**

Teach in  
various settings



# GENERAL PEER ED TIMELINE

## How to apply?

We recruit Peer Eders for the following school year in the spring. We will accept applications from students who will be in grades 9-12 the following year from any school (or homeschooled).

## Application Process

**Step 1** Submit Application including references

**Step 2** Interview and teach the group something or share a creative piece

## JOIN US NOW! QUESTIONS?

Please email the following individuals:  
Anna, Bridgercare's Education & Outreach Coordinator, at [acouch@bridgercare.org](mailto:acouch@bridgercare.org)  
Meilyn, Haven's Prevention Coordinator, at [prevention@havenmt.org](mailto:prevention@havenmt.org)

